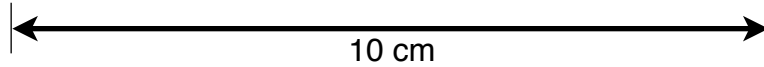


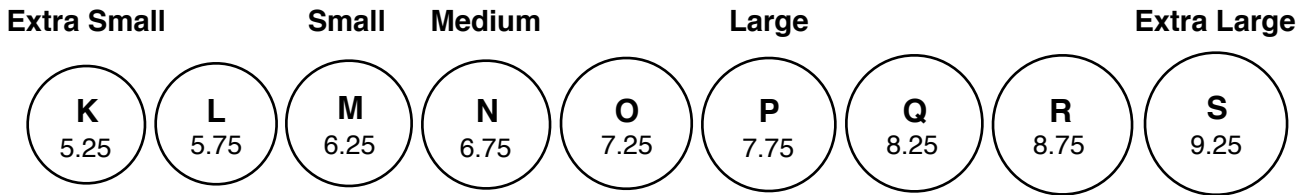


Ring Sizing Guide

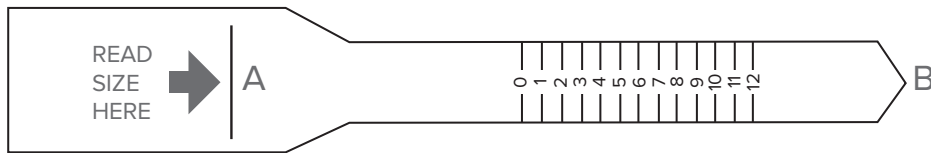
1. Print this page. Use **100% scaling** in printer settings (or “page setup” area).
2. Measure the line below with a ruler. It should be exactly 10 cm long.



3. If you have a ring that fits your intended finger, place it on the nearest matching circle below. Match the inside edge of the ring to the circle. Use a half size if between two circles.
Example: if between N and O, your ring size is N 1/2.



4. If you don't have a suitable ring, cut out the ring sizer below.



- Cut a slit for slot “A”.
- Wrap the sizer around your finger where the ring will be worn. (Numbers facing out.)
- Pull tab “B” through slot “A” until sizer is snug. Allow size for the knuckle.
- Match the number aligned with slot “A” to a ring size:

5	J 1/2	6	L 1/2	7	N 1/2	8	P 1/2	9	R 1/2
5.25	K	6.25	M	7.25	O	8.25	Q	9.25	S
5.5	K 1/2	6.5	M 1/2	7.5	O 1/2	8.5	Q 1/2	9.5	S 1/2
5.75	L	6.75	N	7.75	P	8.75	R	9.75	T

Tips

- **Comfortable fit.** Your ring should fit comfortably: snug enough so that it won't fall off; loose enough to slide over your knuckle with some resistance.
- **Temperature.** Don't measure when your body temperature is too cold or too hot. A cold finger shrinks; and a hot finger expands. Measure when fingers are at room temperature.
- **Knuckles.** Big knuckles affect your ring size. If your knuckle is a lot larger than the base of your finger, measure the base of your finger and your knuckle – then select a size in between.
- **Wide bands.** A wider band requires a bigger size. If you're purchasing a wide band, move up a full letter size (half number size) from your measurement. *Example: move up from N to O (6.75 to 7.25).*
- **Smaller or larger?** If you hesitate between two sizes, always go with the larger one.